

WELCOME TO OUR

February Newsletter

From Giada...

“Science is not a boy’s game, it’s not a girl’s game. It’s everyone’s game. It’s about where we are and where we’re going”

-Nichelle Nichols, Former NASA Ambassador and Actress



Giada Vanacore
Newsletter Director

February celebrates all the amazing women in STEM and we couldn’t start this Newsletter without a reminder that science has no gender, ethnicity or religion. So, to all the women out there, you are capable of amazing things, don’t give up and keep choosing your own path.

Follow us on social media

- @WomeninNeuroUK
- @WomeninNeuroUK
- Women in Neuroscience UK
- @womeninneuro
- @womeninneuro



SOCIALS

We are excited to share the latest updates from our diligent social media team, who have been working tirelessly to bring engaging and informative content to our members. Here's a brief overview of their recent activities:

Brain Awareness Week Content:

The social media team has been actively preparing for Brain Awareness Week. Understanding your interests, we are thrilled to announce that we will be rolling out a series of captivating topics every day. Stay tuned to our social media channels for fascinating insights into the world of neuroscience.

PYLT Series - Immunohistochemistry with Sirjan:

Our next Present Your Lab Technique (PYLT) series has been posted. Sirjan, a valued member of our Virtual Events Team, has taken the lead in unravelling the intricacies of immunohistochemistry. Whether you're a seasoned professional or a curious learner, this promises to be an enlightening episode.

Interview Season Tips:

As interview season unfolds, we understand the importance of providing support. Our social media team has shared valuable tips on acing your postgraduate interviews. Recently we have also offered insights into crafting a compelling abstract. We hope these resources prove beneficial during your academic journey.

We encourage all members to actively engage with our social media platforms to make the most of the opportunities WiNUK provides. Your feedback and participation are invaluable in shaping our community. Thank you for your continued support, and we look forward to sharing more exciting updates with you soon.

EVENTS RECAP

In February, we hosted our virtual “Neural Networking” session. During this event, we brought together several neuroscientists at different career stages and from different parts of the world to foster communication, facilitate partnerships and encourage networking. The format of this event allowed us to explore different aspects of neuroscience in a dynamic and engaging way. We hope that all the attendees enjoyed the event and stay tuned as we are planning more of these in the near future.

BLOG

Fancy writing for the WiNUK blog, but not sure what to write about?

Not to worry – the editors regularly put together a collection of prompts to get you started.

REALITY

Section Editor: Rebecca Pope

- Tips for Academic Interviews
- Tackling Impostor Syndrome

RESEARCH

Section Editor: Julia Dabrowska

- Biomarkers for predicting risk of developing dementia

<https://www.nature.com/articles/d41586-024-00418-9>

- The mechanisms underlying stubborn memories

<https://www.ndcn.ox.ac.uk/news/research-uncovers-mechanism-behind-stubborn-memories>

REVIEW

Section Editor: Rebecca Pope

- Book Review: The Sleeping Beauties: And Other Stories of Mystery Illness by Suzanne O'Sullivan
- Review a neuroscience event you've been to!

Feel free to reach out to the section editor to discuss before you commit – we are here to help.

blog.womeninneuroscience.uk@gmail.com

CHEERS TO WINUK 🍷🍷

At WiNUK, we aim to celebrate and acknowledge all of the achievements within our community.

Therefore, we could not conclude this month's Newsletter without mentioning the achievements of our members. This month, our founder, Lizzie English, was invited to talk about gender imbalances at a panel discussion organised by Christ's College, part of the University of Cambridge. Lizzie said on her social platforms that “spaces like these are crucial to amplify womens' voices and encourage changes”. The event was a success with stimulating discussions and interesting questions. We look forward to more in person events involving WiNUK in the next months!