WOMEN IN NEUROSCIENCE UK

March 2023 Newsletter
Curated by our Newsletter Director, Giada Vanacore

SOCIAL RECAPS

On the 8th of February, WiN UK hosted the first event of 2023 "Minds Matter: Rethinking Mental Health in Academia". Our guest speakers for the night Dr Jelena Brasanac and Dr Julia Rummel opened the insightful discussions on their research in mental health disorders and the pressure of academia as a professional work environment, particularly for early-stage researchers.

Dr Brasanac co-founded DRAGONFLY Mental Health, a non-profit organisation supporting mental health in academic institutions worldwide through educational material, building communities and sharing experiences. Founded in 2020, it now encompasses over 300 volunteers from 45 countries with more than 25,000 academics being reached in 17 countries.

At WiN UK, we support scientists at every stage of their careers and, as a community, we validate the importance of Mental Health and a good work-life balance. Therefore, we strongly encourage open discussions on the matter with your colleagues and external people.

NEXT EVENT

WiN UK will be hosting a virtual event "**Opportunities in Dementia Research" on March 8th 2023 from 7:00 - 8:30 pm via Zoom.**

It is our pleasure to have **Katherine Hanlon**, Research Officer from Alzheimer's Research UK, as a speaker for the night to discuss gender disparities.

Dr Aiofe Kiely, Science Review Manager for UK Dementia Institute, will discuss the exciting developments within UK DRI and our founder, **Lizzie English**, will introduce us to "The International Society to Advance Alzheimer's Research and Treatment" (ISTAART) to discuss her experience as an ISTAART Ambassador with the Alzheimer's Association.

Don't forget to sign up at the link below to have access to this incredible event!
https://forms.gle/r724MyWCTsuVBEnd7

Join our mailing list through our website to have access to all the events and the latest news in the field. Follow our social media accounts and spread the news with your colleagues and friends.